

Student Volunteer & Community Service Opportunities

Pasco County + Hillsborough County Area | High School Student Handout

This guide is designed to help high school students find places to earn volunteer/community service hours. Opportunities, age requirements, and available shifts change often. Students should contact the organization before volunteering and confirm with their school counselor that the activity meets school, Bright Futures, or scholarship requirements.

Student Checklist Before Volunteering

- Ask your school counselor whether the opportunity qualifies for community service/Bright Futures hours.
- Ask the organization if they accept high school volunteers and whether a parent/guardian must attend.
- Bring or download the required school service-hour log/form before you begin.
- Keep dates, times, supervisor name, phone/email, and a brief description of what you did.
- Do not wait until senior year - start early and choose service connected to your interests.

Best Places to Start

Student Interest	Try These First
Medical / Nursing	AdventHealth Wesley Chapel, Tampa General Hospital, BayCare Teen Volunteers, Gulfside Health Care Services
Animals / Veterinary	Pasco County Animal Services, Humane Society of Pasco, Humane Society of Tampa Bay, SPCA Tampa Bay, Rescue Pets of Florida
Food / Homelessness	Feeding Tampa Bay, Metropolitan Ministries, Volunteer Way, One Community Now, Salvation Army
Teaching / Mentoring	Pasco County Libraries, Junior Achievement, Boys & Girls Clubs, Big Brothers Big Sisters, Camp Idlewild
Environment / Outdoors	Keep Pasco Beautiful, Keep Tampa Bay Beautiful, Florida State Parks, Pasco Parks and Recreation
Sports / Inclusion	Special Olympics Florida, YMCA, Wesley Chapel Recreation Complex

Start Here / Search Portals

Pasco County Schools - Volunteer Opportunities for Students

Area: Pasco | **Best for:** All students

Website: www.pasco.k12.fl.us/students/volunteer_opportunities

What students can ask about: Official Pasco Schools student volunteer partner page. Good first stop for approved local opportunities.

Pasco County Schools Volunteer Application

Area: Pasco | **Best for:** School-based service

Website: apps.raptortech.com/Apply/MTU4OmVuLVVT

What students can ask about: For students/adults volunteering at Pasco schools. Requirements may include orientation and background screening depending on role.

VolunteerMatch

Area: Regional / Online | **Best for:** Finding options

Website: www.volunteermatch.org/

What students can ask about: Search by zip code, age requirements, interests, and virtual opportunities.

Idealist

Area: Regional / Online | **Best for:** Finding options

Website: www.idealist.org/en/volunteer

What students can ask about: Searchable national database of nonprofit volunteer opportunities.

United Way of Pasco County

Area: Pasco | **Phone:** 727-845-3030 | **Best for:** General service

Website: www.unitedwaypasco.org/volunteer

What students can ask about: Community projects, nonprofit referrals, drives, and service events.

Food, Housing, and Basic Needs

Feeding Tampa Bay

Area: Hillsborough / Tampa Bay | **Phone:** 813-254-1190 | **Best for:** Food insecurity, groups

Website: feedingtampabay.org/volunteer/

What students can ask about: Food sorting, packing, warehouse projects, and distribution events. Volunteer calendar usually lists age minimums.

Metropolitan Ministries

Area: Pasco / Hillsborough | **Phone:** 813-209-1000 | **Best for:** High-hour opportunities

Website: www.metromin.org/get-involved/volunteer/

What students can ask about: Food pantry, donation sorting, holiday tents, outreach, and family support programs.

Volunteer Way

Area: Pasco | **Phone:** 727-815-0433 | **Best for:** Food service

Website: thevolunteerway.org/

What students can ask about: Food pantry, soup kitchen, and community support. Students should call to confirm youth volunteer shifts.

One Community Now

Area: Pasco | **Phone:** 727-849-4724 | **Best for:** Community events

Website: oncommunitynow.com/

What students can ask about: Community events, food outreach, and support projects. Strong fit for students interested in local service.

Habitat for Humanity of East & Central Pasco County

Area: Pasco | **Phone:** 352-567-1444 | **Best for:** Hands-on service

Website: habitatpasco.org/volunteer/

What students can ask about: ReStore, building support, donation sorting, and community projects. Ask about age requirements for build sites.

The Salvation Army - Tampa Area Command

Area: Hillsborough | **Phone:** 813-221-4440 | **Best for:** Seasonal service

Website: southernusa.salvationarmy.org/tampa/volunteer/

What students can ask about: Holiday drives, food pantry support, donation sorting, and event help.

St. Vincent de Paul CARES

Area: Hillsborough / Tampa Bay | **Phone:** 813-443-8296 | **Best for:** Human services

Website: www.svdpsp.org/volunteer

What students can ask about: Homeless outreach support, donation projects, and community care services.

Goodwill-Suncoast

Area: Regional | **Phone:** 727-523-1512 | **Best for:** Retail/service

Website: goodwill-suncoast.org/volunteer/

What students can ask about: Retail, donation, and community support opportunities may be available. Confirm service-hour eligibility.

Animals and Rescue

Pasco County Animal Services

Area: Pasco | **Phone:** 813-929-1212 | **Best for:** Animal careers

Website: www.pascocountyfl.gov/services/animal_services/

What students can ask about: Shelter support, adoption events, cleaning, enrichment, and animal care tasks. Ask about teen rules and applications.

Humane Society of Pasco County

Area: Pasco | **Phone:** 727-856-6762 | **Best for:** Animal care

Website: www.humanesocietyofpasco.org/volunteer/

What students can ask about: Shelter help with cats, dogs, cleaning, events, and animal comfort.

Dog Gone Home Rescue

Area: Pasco / Tampa Bay | **Phone:** 727-247-8354 | **Best for:** Animal rescue

Website: www.doggonehome.org/

What students can ask about: Dog rescue support, adoption events, foster-related help, and donation drives. Call to confirm student roles.

Rescue Pets of Florida

Area: Pasco / Tampa Bay | **Phone:** 925-321-1203 | **Best for:** Adoption events

Website: www.rescuepetsofflorida.org/

What students can ask about: Adoption-event support and rescue assistance. Ask specifically about the PetSmart Grove location.

Humane Society of Tampa Bay

Area: Hillsborough | **Phone:** 813-876-7138 | **Best for:** Animal careers

Website: humanesocietytampa.org/volunteer/

What students can ask about: Animal shelter and event support. Confirm teen volunteer requirements.

SPCA Tampa Bay

Area: Pinellas / Tampa Bay | **Phone:** 727-586-3591 | **Best for:** Animal rescue

Website: spcatampabay.org/how-to-help/volunteer/

What students can ask about: Animal care, adoption support, shelter projects, and events. Good option for students willing to travel.

Youth, Education, and Mentoring

Junior Achievement of Tampa Bay

Area: Hillsborough / Tampa Bay | **Phone:** 813-631-1410 | **Best for:** Business, education

Website: tampabay.ja.org/volunteer/index

What students can ask about: Financial literacy, career readiness, youth education events, and JA BizTown/Finance Park support.

Boys & Girls Clubs of Greater Tampa Bay

Area: Hillsborough / Tampa Bay | **Phone:** 813-875-5771 | **Best for:** Teaching, youth work

Website: www.bgctampa.org/volunteer

What students can ask about: After-school program support, tutoring, youth mentoring, and special events.

Big Brothers Big Sisters of Tampa Bay

Area: Pasco / Hillsborough | **Phone:** 813-769-3600 | **Best for:** Mentoring

Website: bbbstampabay.org/

What students can ask about: Youth mentoring organization serving Pasco and Hillsborough. Ask about high school student roles and age limits.

Camp Idlewild of Florida, Inc.

Area: Pasco | **Phone:** 813-996-1226 | **Best for:** Education, special needs

Website: www.campidlewildofflorida.com/

What students can ask about: Camp support for children with developmental disabilities; programs, events, and camper assistance.

Career Focus

Area: Pasco | **Phone:** 813-995-8473 | **Best for:** Career readiness

Website: Call directly / search organization name to verify current page.

What students can ask about: Call directly to ask about current student volunteer, tutoring, career-prep, or community-service options.

Life Skills in ACTION

Area: Pasco / Tampa Bay | **Phone:** 813-575-9100 | **Best for:** Youth support

Website: www.lsinaction.org/

What students can ask about: Programs focused on life skills and community support. Call to confirm student volunteer roles.

Grace Family Church

Area: Pasco / Hillsborough | **Phone:** 813-444-5288 | **Best for:** Faith-based service

Website: gfcflorida.com/serve/

What students can ask about: Serve teams, outreach events, food drives, children/youth ministry, and community projects.

YMCA of the Suncoast

Area: Pasco / Tampa Bay | **Phone:** 727-467-9622 | **Best for:** Sports, childcare

Website: www.ymcasuncoast.org/volunteer

What students can ask about: Youth sports, camps, special events, and community programs.

Health, Disability Support, and Senior Services

AdventHealth Wesley Chapel

Area: Pasco | **Phone:** 813-929-5000 | **Best for:** Medical careers

Website: www.adventhealth.com/locations/hospitals/wesley-chapel/volunteer-opportunities

What students can ask about: Hospital volunteer roles may include guest support, clerical help, and patient/family assistance. Application/interview required.

Tampa General Hospital

Area: Hillsborough | **Phone:** 813-844-7000 | **Best for:** Medical careers

Website: www.tgh.org/for-health-professionals/volunteers

What students can ask about: Hospital volunteer opportunities; students should check current teen program requirements.

BayCare Teen Volunteers / Mease Countryside

Area: Pinellas / Tampa Bay | **Best for:** Medical careers

Website: baycare.org/locations/hospitals/mease-countryside-hospital/volunteering/teen-volunteers

What students can ask about: Teen healthcare volunteering. Useful for students interested in nursing, medicine, and patient care.

Gulfside Health Care Services

Area: Pasco | **Phone:** 727-845-5707 | **Best for:** Reliable hours

Website: www.gulfside.org/community-service-hours.html

What students can ask about: Community service hours through Gulfside Hospice Thrift Shoppes; donation handling, sorting, displays, and retail support.

Lighthouse for the Visually Impaired and Blind

Area: Pasco / Tampa Bay | **Phone:** 727-815-0303 | **Best for:** Disability services

Website: www.lvib.org/

What students can ask about: Support services for people who are visually impaired or blind. Call to ask about student volunteer needs.

Special Olympics Florida

Area: Statewide / Local | **Phone:** 352-242-8850 | **Best for:** Sports, inclusion

Website: www.specialolympicsflorida.org/get-involved/volunteer

What students can ask about: Sports events, athlete support, competitions, and fundraising. Great for students who like athletics.

The Angelus, Inc.

Area: Pasco | **Phone:** 727-856-1775 | **Best for:** Disability services

Website: theangelus.com/volunteer/

What students can ask about: Support for individuals with disabilities; events, facility projects, and community activities.

Pasco County Senior Services

Area: Pasco | **Phone:** 727-834-3340 | **Best for:** Seniors

Website: www.pascocountyfl.gov/services/community_development/senior_services/

What students can ask about: Senior center and aging-services support. Call to ask about student volunteer projects.

Meals on Wheels of Tampa

Area: Hillsborough | **Phone:** 813-238-8410 | **Best for:** Seniors, food

Website: mowtampa.org/volunteer/

What students can ask about: Meal delivery and support for homebound seniors. Students may need an adult driver for delivery routes.

Sunrise of Pasco County

Area: Pasco | **Phone:** 352-521-3358 | **Best for:** Advocacy/service

Website: www.sunrisepasco.org/

What students can ask about: Domestic and sexual violence center. Call to ask about appropriate youth volunteer roles, donation drives, and awareness projects.

Environment, Parks, and Public Service

Keep Pasco Beautiful

Area: Pasco | **Phone:** 727-856-7252 | **Best for:** Environmental service

Website: keepascobeautiful.org/

What students can ask about: Litter cleanups, beautification, environmental events, and group service projects.

Keep Tampa Bay Beautiful

Area: Hillsborough | **Phone:** 813-221-8733 | **Best for:** Group service

Website: www.keeptampabaybeautiful.org/

What students can ask about: River, park, and beach cleanups; tree planting; environmental education projects.

Florida State Parks Volunteer Portal

Area: Statewide / Local | **Best for:** Outdoor service

Website: www.floridastateparks.org/volunteers

What students can ask about: Trail work, park events, visitor support, and environmental stewardship at nearby parks.

Pasco County Parks, Recreation & Natural Resources

Area: Pasco | **Phone:** 813-929-2760 | **Best for:** Outdoor/service

Website: www.pascocountyfl.gov/services/parks_recreation_and_natural_resources/

What students can ask about: Park cleanups, sports programs, special events, and recreation support. Call for student projects.

Pasco County Emergency Management

Area: Pasco | **Phone:** 727-847-8137 | **Best for:** Public safety

Website: www.pascocountyfl.gov/services/emergency_management/

What students can ask about: Emergency preparedness events and possible CERT-related volunteer options. Call to ask about youth eligibility.

Alliance for Healthy Communities / STAND

Area: Pasco | **Phone:** 352-442-6750 | **Best for:** Health advocacy

Website: standabovetheinfluence.org/

What students can ask about: Prevention, wellness, awareness campaigns, and youth community projects.

STAND Alliance for Healthy Communities

Area: Pasco | **Phone:** 352-442-6750 | **Best for:** Health advocacy

Website: standabovetheinfluence.org/

What students can ask about: Same organization/contact as above; listed separately here because some school lists use both names.

Libraries, Literacy, and Learning

Pasco County Libraries

Area: Pasco | **Phone:** 727-861-3020 | **Best for:** Reliable student hours

Website: www.pascolibraries.org/support-the-library/volunteer/teen-volunteer/

What students can ask about: Teen volunteer programs, shelving, children's events, summer reading help, and library programs.

Land O Lakes Branch Library

Area: Pasco | **Phone:** 813-929-1214 | **Best for:** Local library

Website: www.pascolibraries.org/

What students can ask about: Local branch option for students near Land O Lakes. Ask about teen volunteer openings.

New River Library

Area: Pasco | **Phone:** 813-788-6375 | **Best for:** Local library

Website: www.pascolibraries.org/

What students can ask about: Local branch option for students near Wesley Chapel/Zephyrhills area. Ask about teen volunteer openings.

Temple Terrace Public Library

Area: Hillsborough | **Phone:** 813-506-6770 | **Best for:** Library service

Website: templeterrace.gov/213/Library

What students can ask about: Youth volunteer, literacy, and library event support. Good for students near New Tampa/Temple Terrace.

Arts, Events, Recreation, and Business

New Tampa Performing Arts Center

Area: Hillsborough | **Phone:** 813-829-2760 | **Best for:** Arts/events

Website: hcfi.gov/locations/new-tampa-performing-arts-center

What students can ask about: Ushers, event support, performances, and community arts programs. Call to confirm volunteer availability.

Wesley Chapel Recreation Complex

Area: Pasco | **Phone:** 813-345-3145 | **Best for:** Sports/recreation

Website: www.pascocountyfl.gov/services/parks_recreation_and_natural_resources/

What students can ask about: Youth sports, camp support, recreation events, and community programs.

Connerton Clubhouse

Area: Pasco | **Phone:** 813-996-5800 | **Best for:** Local events

Website: www.connerton.com/

What students can ask about: Community events, neighborhood activities, and local service projects. Call clubhouse to confirm needs.

Ring Power Cat

Area: Pasco / Tampa Bay | **Phone:** 813-335-1340 | **Best for:** Business/community

Website: www.ringpower.com/

What students can ask about: Call directly to ask about service days, community events, fundraising, or student projects.

Marjorie's Hope

Area: Pasco | **Phone:** 727-776-5458 | **Best for:** Donation drives

Website: www.marjorieshope.com/

What students can ask about: School supply drives, donation sorting, outreach, and student-focused support projects.

Quick Call / Email Script for Students

Students can copy and use this when contacting an organization:

Hello, my name is _____ and I am a high school student in Pasco County. I am looking for volunteer/community service hours for school and scholarships. Do you currently accept high school volunteers? If yes, what is the minimum age, what application or orientation is required, and who can sign my service-hour form? Thank you.

Service-Hour Log Template

Date	Organization	Activity/Task	Hours	Supervisor Signature/Contact

Notes for Counselors

This handout combines Pasco County options supplied by the counselor with additional Pasco/Hillsborough-area organizations. Because volunteer pages, phone numbers, age limits, and school approval rules change, students should verify all information before completing service hours.

Core sources used include Pasco County Schools volunteer resources, Pasco County government volunteer resources, current local nonprofit volunteer pages, and organization websites listed in the guide.